



How to stay safe at school

Hey! Where did everybody go?



Is my child safe at school?

Viruses can be spread in schools. This is why **it's important that people with symptoms (fever, cough, shortness of breath) stay home**. It is one of the most effective ways to minimize exposure.

Public health is everyone's responsibility. Teach your child to regularly practice good hygiene measures, such as:

- Handwashing with soap and water for at least 20 seconds
- Coughing and sneezing etiquette.



No Touching



- This means:
- No high fives
- No hugs
- No handshakes



Sitting separately



- Not next to each other on a table



Keeping clean

- Use a tissue if you cough or sneeze



- You can also cover your mouth and nose with the inside of your elbow



How to wash your hands properly to avoid viruses

- <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

We will still help



- If you hurt yourself we will be wearing gloves to protect us all



Daily routine:



- Bring your home/school book each day
- Bring your PE kit/ something to exercise in each day
- Come in clean clothes each day
- Bring your smile!



Badgerbrook character muscles and rules are so important!

- # behind
- #teamwork
- #friendship

