



P.E. Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Lunch		
Foundation Thurs 1030-1130	Negotiating Space /Travelling safely / Fundamentals	Ball Skills / Hands & Feet – Developing control	Target Games / Scoring points	Hockey – Developing control & Co-ordination	Sending and Receiving – varied equipment	Athletics / Sports Day prep	Mon 11:30 – 1:15	Girls Football	
Year 1 TUE 1030-1130 YR 5 145 – 245	Invasion Games Attacking to Score	Invasion Games Team Activities	Hockey Skills	Basketball Skills	Striking & Fielding Activities	Athletics / Sports Day prep	Tue 11:30 – 1:15	Fastball/ Handball/ Basketball	
Year 2 Fri 12:30 – 1:30 Fri 1:30 – 2:30	Invasion Games Tag Rugby	Invasion Games Hockey / Football	Invasion Games Basketball Skills	S&F Games Cricket	Net/Wall Games Tennis	Athletics / Sports Day prep	Wed 11:30 – 1:30	Dodgeball	
Year 3 MON PM 130-215 215-310	Invasion Games Tag Rugby	Invasion Games Football, Hockey	Invasion Games	Basketball Skills	Striking & Fielding	Athletics / Sports Day prep	Thur 11:30 – 1:30	Boys Football	
Year 4 WEDS PM 115 – 215 215-315	Invasion Games Football	Invasion Games Tag Rugby / Hockey	Invasion Games Basketball Skills	S&F Games Rounders	Net/Wall Games Tennis	Athletics / Sports Day prep	Fri 11:30 – 1:30	Cross Country	
Year 5	Invasion Games Football	Invasion Games Tag Rugby / Hockey	Invasion Games Netball	Net/Wall Games Tennis	Striking & Fielding Cricket / Rounders	Athletics / Sports Day prep		WHEN CHILDREN HAVE LUNCH F-2 1130-1230 YR 3/ 4 1215 - 115 YR 5/6 1230 – 130	
Year 6 Thurs 1:45 – 2:45	Invasion Games Football	Invasion Games Tag Rugby / Handball Communication & Tactics	Invasion Games Hockey	OOA Golf	Net / Wall Games Tennis	Athletics / Sports Day prep		Sessions to involve lots of children throughout , adapt to suit each age group	